

## *Findings on the Farm*

Someone asked me once whether I liked the sunrise or sunset best. I answered sunrise because that means that you have been blessed with a brand new day ahead of you to rest and relax, or to work on a special project you have been wanting to get to, see someone you haven't seen in a while, go somewhere you have never been, try something new, seeing that little seed you planted emerge from the ground, and the list goes on and on. It's just a joy to see that sun start to creep over the horizon, not knowing exactly what that day has in store for you. Some of them are masked in a shroud of light clouds that almost obscure it completely with the occasional peek through. Some are very bright with no obstruction at all, letting it shine through to brighten your way. My favorite is when you have some clouds on the horizon that the sun shines around, making streams of sunlight shining in bright shades of orange and yellow to announce the new day. What the heck, they are all beautiful in their own way.



Sunsets are special in their own way, but it doesn't mean that day is gone, never to be seen again. You can reflect and think about what you have done, what you didn't do, where you had been, where you didn't go, what you saw, or who you helped. No more adventure ahead, just a good night sleep, wondering what the next sunrise has in store for you. So, make each of them special, enjoy every minute, and try not to rush them along. The day will be done soon enough

Always Growing,

*Farmer Joe*



**Mission Statement:** As a responsible steward of the land and community, Seton Harvest, a ministry of the Daughters of Charity, will use the land in a just and environmentally conscious way by sharing locally grown food with shareholders, including persons who are poor and homeless and by providing educational opportunities around sustainable agriculture.



### Sister Maureen's Reflective Questions

Return to that simplicity which allows us to stop and appreciate the small things. Am I grateful for the opportunities which life affords me? Especially in this time of pandemic?

## OKRA CORN SALSA

### Ingredients:

- 2 tablespoons olive oil
- 2 ears of corn kernels cut off
- 1 pound okra, thinly sliced
- 1/2 medium sweet onion, chopped
- 1/3 cup chopped pickled jalapeno slices
- 3 plum tomatoes, chopped
- 1 tablespoon lime juice
- 1/4 teaspoon pepper
- salt to taste 1/4 cup chopped fresh cilantro
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### Directions:

Heat oil over medium-high heat in a large nonstick skillet. Add corn and cook for 2 minutes.

Add okra and onion and cook for 3-4 more minutes.

Remove from heat and stir in remaining ingredients.

Stir all ingredients together and enjoy

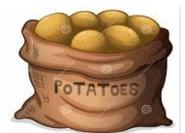


## Annual Sweet Potato Dig



Looking at the annual sweet potato harvest and COVID-19 regulations, we are considering offering 2 days of the dig. That would help with social distancing and allow more volunteers to join us. We are asking you that if you plan to attend the sweet potato dig, please let us know how many will be attending and

on which day. With your reservation, it will allow us to determine if two days are necessary.



**THURSDAY, SEPTEMBER 17**

**OR**

**FRIDAY, SEPTEMBER 18**

Please RSVP to [julie.dietz@doc.org](mailto:julie.dietz@doc.org) or [dianne.herrmann@doc.org](mailto:dianne.herrmann@doc.org) no later than September 11